

Blue Belt Requirements

1. All white, yellow, green, and purple belt requirements.

2. Form

Name.....**Yul-Gok**

Number of movements.....**38**

Definition.....**Yul-Gok is the pseudonym of the great philosopher and scholar Yi I (1536-1584) nicknamed the "Confucius of Korea". The 38 movements of this pattern refer to his birthplace on the 38th degree latitude and the diagram(+ over -) represents "scholar".**

3. Terminology

Start.....**She-Jahk**

Stop.....**Go-Mahn**

Master Instructor.....**Sabum-Nim**

Assistant Instructor.....**Gyosa-Nim**

Senior Belt.....**Sun Bae-Nim**

Knife Hand Chop.....**Jung-Dan Soo-Do Chi-Ghee**

Bang Knuckle Fist.....**Song-Soo**

Jumping Roundhouse Kick.....**E Dan Dol-Yul Cha-Ghee**

One-Step Sparring.....**Ill-Bo Dae Ryun**

Free Sparring.....**Ja-Yoo Dae Ryun**

4. Meaning of the belt:

blue belt stands for "**the sky, the arc of the heaven**"

5. Style of Tae Kwon Do:

Chung Do Kwan

6. Performance:

Forms

Knowledge

One-Steps

Sparring